

## Comprehensive Gamer Assessment v. 1.4

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Client Name: \_\_\_\_\_

Age: \_\_\_\_\_

Identified Gender: \_\_\_\_\_

What are your primary methods of gaming? (Circle all that apply)

Console Families	Retro Families & Misc.	PC/Mobile	Tabletop
Xbox	Nintendo	Computer	Collectible Card Games
Playstation	Sega	Steam	Roleplaying Games
Nintendo	Atari	Phone	Board Games
	TurboGrafx-16	Tablet	
	Neo-Geo	Watching Streams or YouTube	

**Other** (Please Identify): \_\_\_\_\_

How many hours per week do you invest in gaming or gaming related activities:  
(Indicate amount of time and time of day on average)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM							
PM							

Average hours per week total: \_\_\_\_\_

What best describes your play style?

(If more than one, please rank order with 1 being the primary)

- \_\_\_ - I love to the visual experiences, like awe-inspiring landscapes or gripping cinematics.
- \_\_\_ - I love to solve puzzles, work through the challenges, and have the “aha” moments.
- \_\_\_ - I love adrenaline rushes and fast paced high stakes experiences.
- \_\_\_ - I love playing with others to complete tasks cooperatively.
- \_\_\_ - I love the camaraderie of spending time with likeminded people.
- \_\_\_ - I love feeling as if I am a hero and saving the world.
- \_\_\_ - I love being creative or playing in virtual sandboxes.
- \_\_\_ - I love exploration, and discovering things for the first time.
- \_\_\_ - Other: \_\_\_\_\_

What are your favorite game genres?:

(Rank order starting with 1 as your favorite. You may mark an “X” for any that you dislike.)

- |                         |                                   |                         |
|-------------------------|-----------------------------------|-------------------------|
| ___ : Action/Adventure  | ___ : Open World/Sandbox          | ___ : Augmented Reality |
| ___ : Shooter           | ___ : Strategy/Real Time Strategy | ___ : Exergames         |
| ___ : Looter            | ___ : Survival Horror             | ___ : Rhythm            |
| ___ : Battleroyale      | ___ : Fighting                    | ___ : Simulation        |
| ___ : Role Playing Game | ___ : Sports                      | ___ : Tabletop Gaming   |
| ___ : MMORPG            | ___ : Racing                      | ___ : Other: _____      |

Name your top three favorite games and share why you love them:

Favorite Games

Why do you love them?

1.

2.

3.

What else do you think I should know about your love of gaming?

## Questionnaire:

Please rate your response to each question on the scale from 1 (Strongly Disagree) to 5 (Strongly Agree)

## A. VISION

1. My gaming evokes feelings in me.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. I have thought that the art or graphics in a game were beautiful or filled me with awe.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. My gaming helps me to focus.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. My gaming has caused me to be distracted from my real life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

5. Gaming has caused me to think more deeply about a situation in my life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

## B. REFRESH

1. I enjoy other recreational activities outside of gaming.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. Gaming helps me to reduce stress in my life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. I can relate specific accomplishments in my life to skills I learned through gaming.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. Gaming has improved my ability to focus on real life goals.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

### C. CONNECTIONS

1. I prefer to game socially with other people when I have the opportunity.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. I have a regular group of people with whom I connect with when I want to game socially.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. I meet up and spend time with my gaming group in real life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. I have developed significant or special relationships through my gaming experience.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

### D. IDENTITY

1. I identify myself as a "Gamer," as a part of my personal identity.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. I can also identify other important facets of my personal identity.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. When a game offers choices, I respond to them the same way as I would in real life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. When I have made certain choices in game, they have stuck with me after I logged out of the game.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

#### E. HEALTH

1. I believe that my physical health is important.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

2. I believe that my personal hygiene is important and make that a priority in my life.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. My game playing has gotten in the way of me making good choices about my physical health.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

4. I use certain games, like exergames or Augmented Reality games, to help me improve my physical health.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

5. I actively participate in other activities outside of gaming to improve my physical health and hygiene.

1	2	3	4	5
Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree